# Matter Interactions in Effective Field Theories of Dark Energy

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### Variety is the Spice of Life

- Quintessence
- k-essence
- Brans-Dicke theories
- Ghost Condensate
- Extra-dimensions a la UED/RS/ADD/DGP
- f(R) gravity
- Gauss-Bonnet gravity
- ...
- In a low energy four-dimensional limit, all these theories essentially behave as GR + scalar field(s)
- Perhaps we can perform a general analysis in this regime?

## Systematic Characterization

- Effective Field Theory of gravity + scalar field (eg, Weinberg, JB and Eanna Flanagan)
  - Generalizing inflationary models to allow for matter couplings
  - Identifying regimes of validity and constraints on UV theory
- Effective Field Theory of perturbations to FRW (eg, Creminelli et al.)
  - Incorporating interactions with matter in perturbative descriptions

### Our Approach

#### Leading Order Action: GR + Canonical Scalar (Quintessence) Field

$$S_0 = \int d^4x \sqrt{-g} \left\{ \frac{m_p^2}{2} R - \frac{1}{2} (\nabla \phi)^2 - U(\phi) \right\} + S_{\text{matter}} \left[ e^{\alpha(\phi)} g_{\mu\nu}, \{\psi\} \right]$$

#### Perturb the Action

$$\phi, g^{\mu\nu}, R_{\mu\nu\sigma\lambda}, \epsilon_{\mu\nu\sigma\lambda}, T_{\mu\nu}, \nabla_{\mu}, \square \dots$$

### Rules of Analysis

- Use a derivative expansion to fourth order
- Remove higher order derivatives in equations of motion ("reduce" the action)
- Impose the Weak Equivalence Principle (Note: not a symmetry of the theory)

### **EFT Considerations**

- Can use a pseudo-Nambu-Goldstone Boson (pNGB) construction to ensure light quintessence field
- pNGB construction yields expansion rules
- Expansion parameter given by

$$\frac{H_0^2}{M^2} \ll 1$$

for some mass scale M of fields integrated out

 Also specifies scaling of operators. For an operator with d derivatives, mass dimension n, scaling is

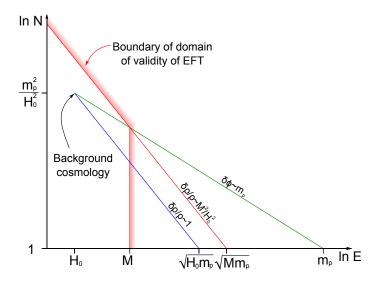
$$\sim M^{2-d} m_p^{2+d-n}$$

### Results

$$\begin{split} S &= \int d^4x \sqrt{-g} \left\{ \frac{m_p^2}{2} R - \frac{1}{2} (\nabla \phi)^2 - U(\phi) + a_1 (\nabla \phi)^4 \right. \\ &+ b_2 T (\nabla \phi)^2 + c_1 G^{\mu\nu} \nabla_{\mu} \phi \nabla_{\nu} \phi \\ &+ d_3 \left( R^2 - 4 R^{\mu\nu} R_{\mu\nu} + R_{\mu\nu\sigma\rho} R^{\mu\nu\sigma\rho} \right) \\ &+ d_4 \epsilon^{\mu\nu\lambda\rho} C_{\mu\nu}^{\quad \alpha\beta} C_{\lambda\rho\alpha\beta} \\ &+ e_1 T^{\mu\nu} T_{\mu\nu} + e_2 T^2 \right\} \\ &+ S_m \left[ e^{\alpha(\phi)} g_{\mu\nu} \right] \end{split}$$

- Coefficients are functions of  $\phi$  with specific scalings
- Parameter space is given by nine free functions

## Regime of Validity



## Utility of this Approach

- Can describe background and perturbative evolution of the cosmology
- Radiative corrections under control, given constraints on UV theory
- Within regime of validity, yields a very general description

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### Perturbative Analysis

- An EFT of perturbations about FRW has proved useful for inflation (Cheung et al.) as well as quintessence (Creminelli et al.)
- Background evolution must be specified
- Perturbative description more powerful
- Existing framework needs extending to treat dark energy-matter interactions generally

### Idea of EFT of Inflation

- Assume a single (effective) scalar field is responsible for dark energy, with FRW background evolution
- Choose a foliation of spacetime based on  $\phi(t) = \text{const}$
- Time diffeomorphism symmetry is broken (metric eats the scalar field)
- Identify operators which respect remaining symmetry
- Separate operators into leading order and perturbative operators
- Construct EFT action

### Idea of EFT of Inflation

$$egin{align} S &= \int d^4x \sqrt{-g} iggl\{ rac{m_p^2}{2} R + \Lambda(t) + c(t) g^{00} \ &+ F^{(2)}(\delta g^{00}, \delta extbf{K}_{\mu
u}, \delta R_{\mu
u\sigma\lambda}; t, \delta^0_\mu, g^{\mu
u}, \epsilon^{lphaeta\gamma\delta}) iggr\} \end{split}$$

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u}, \epsilon^{lphaeta\gamma\delta}) iggr\} \end{split}$$

- Fix background evolution a(t) by specifying c(t),  $\Lambda(t)$
- Restore diffeomorphism symmetry using Stückelberg trick

### Stückelberg Trick

Consider the situation of a massive photon field:

$$\mathcal{L}=-rac{1}{4}F_{\mu
u}F^{\mu
u}+rac{m^2}{2}A_{\mu}A^{\mu}$$

• The gauge invariance  $A_{\mu} \to A_{\mu} + \partial_{\mu}\lambda$  is broken by the mass term.

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- The gauge invariance  $A_{\mu} \to A_{\mu} + \partial_{\mu}\lambda$  is broken by the mass term.
- However, it can be restored by introducing in the action a field  $\pi$  which transforms as  $\pi \to \pi \lambda$  under the gauge transformation.

$$\mathcal{L} = -rac{1}{4}F_{\mu
u}F^{\mu
u} + rac{m^2}{2}(A_{\mu} + \partial_{\mu}\pi)(A^{\mu} + \partial^{\mu}\pi)$$

### Stückelberg Trick

- Longitudinal (scalar) component of the photon field is captured by the scalar field, and the action is again gauge invariant.
- Same trick can be used to restore diffeomorphism invariance.

### Matter Couplings - Conformal Coupling

Metric which the matter couples to can be conformally scaled

$$\mathcal{S}_{m}\left[oldsymbol{e}^{lpha(\phi)}oldsymbol{g}_{\mu
u},\{\psi\}
ight]$$

#### Extend EFT of Inflation by working in Jordan frame

$$S = \int d^4x \sqrt{-g} \Biggl\{ f(t) rac{m_{
ho}^2}{2} R + \Lambda(t) + c(t) g^{00} 
ight. \ \left. + F^{(2)}(\delta g^{00}, \delta K_{\mu
u}, \delta R_{\mu
u\sigma\lambda}; t) 
ight\} + S_m \left[ g_{\mu
u}, \{\psi\} 
ight]$$

### Matter Couplings - Conformal Coupling

• In Einstein frame, we can exploit the stress-energy tensor

$$S_m[g_{\mu\nu},\{\psi\}] = S_0 - rac{1}{2}\int d^4x \sqrt{-g}T_{\mu
u}\delta g^{\mu
u}$$

- Interested in quintessence perturbations coupling to matter perturbations
- When conformal factor is introduced.

$$egin{aligned} \mathcal{S}_{\it m} \left[ e^{lpha(\phi)} g_{\mu
u} 
ight] &= \mathcal{S}_0 - rac{1}{2} \int d^4 x \sqrt{-g} e^{2lpha(\phi)} \left[ (\mathcal{T}_{\mu
u} - \mathcal{T}^0_{\mu
u}) \delta \left( e^{-lpha(\phi)} g^{\mu
u} 
ight) 
ight. \ &+ \mathcal{T}^0_{\mu
u} \delta \left( e^{-lpha(\phi)} g^{\mu
u} 
ight) 
ight] \end{aligned}$$

•  $\alpha(\phi) = \alpha(t) \rightarrow \alpha(t+\pi)$ 

### Matter Couplings - Stress Energy Tensor

 Stress-Energy Tensor terms need some representation in EFT of Inflation

#### Extra terms describe any stress-energy tensor dependency

$$S = \int d^4x \sqrt{-g} \left\{ f(t) \frac{m_p^2}{2} R + \Lambda(t) + c(t) g^{00} + g(t) T^{00} + h(t) T + F^{(2)} (\delta g^{00}, \delta K_{\mu\nu}, \delta R_{\mu\nu\sigma\lambda}, \delta T_{\mu\nu}; t) \right\} + S_m [g_{\mu\nu}, \{\psi\}]$$

### Summary

- Have constructed an effective field theory to describe dark energy
- Framework for investigating perturbative behavior is in progress
- Hope to constrain parameters in general descriptions, based on cosmological history and the behavior of cosmic perturbations